



Allergen Matrix

DMAT Mary Tavy & Lydford

Primary Summer 24



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
-A- Chocolate Cookie					✓ Oats, Wheat (Barley*)									
-A- Jacket Potato with Beans														
Tomato And Vegetable Pasta Bake With Focaccia Bread & Sweetcorn					✓ Wheat		✓		✓				✓	?
-A- 5 Bean Chilli, Rice, Peas													✓	
-A- Apple Flapjack					✓ Oats (Barley*, Wheat*)									
-A- Banana Sticky Toffee			✓		✓ Wheat									
-A- Beef Lasagne Root Slaw and Vegetable Sticks			✓		✓ Wheat		✓		✓				✓	?
-A- Beef Tacos, Vegetable Rice and Veggie Sticks					✓ Wheat		✓						✓	



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
-A- Breaded Fish with Chips and Peas 220g				✓					✓					
-A- Breaded Fish, Chips and Beans 220g				✓					✓					
-A- Broccoli and Cauliflower Gratin with Roast Potato, Seasonal Vegetables and Gravy					✓ <i>Wheat</i>		✓						✓	
-A- Brunch Bar													✓	
-A- Carrot Cake			✓		✓ <i>Wheat</i>									
-A- Chicken Bites, Chips and Beans - 220g					✓ <i>Wheat</i>									
-A- Chicken Bites, Chips and Peas 220g					✓ <i>Wheat</i>									
-A- Chocolate Orange Drizzle Cake 52g			✓		✓ <i>Wheat</i>									
-A- Cornflake Cake					✓ <i>Barley</i>		✓							
-A- Creamy Chicken and Pesto Pasta Bake, Garlic Bread and Sweetcorn 352g					✓ <i>Wheat</i>		✓		✓				✓	?
-A- Eton Mess			✓				✓							



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
-A- Falafel and Minted Yoghurt Wrap, Potato Wedges and Rootslaw			✓		✓ <i>Wheat</i>		✓		✓				✓	
-A- Fish Fingers, Chips & Peas 235g				✓	✓ <i>Wheat</i>									
-A- Fish Fingers, Chips and Beans 235g				✓	✓ <i>Wheat</i>									
-A- Fruit Platter 75g														
-A- Halloumi Stuffed Pepper, Wedges and Salad Sticks							✓						✓	
-A- Hand Stretched Margherita Pizza, Wedges and Salad sticks 238.17g					✓ <i>Wheat</i>		✓							
-A- Homity Pie with Roast Potatoes and Seasonal Veg					✓ <i>Wheat</i>		✓						✓	
-A- Hot Dog, Pomme Noisettes and Baked Beans			?		✓ <i>Wheat</i>		✓					?	✓	
-A- Hunters Chicken Wrap, Jacket Wedges and Salad Sticks 265g					✓ <i>Wheat</i>		✓							
-A- Ice Cream Pot - 80ml							✓							



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
-A- Italian Meatballs with Penne Pasta and Sweetcorn					✓ <i>Wheat</i>				✓				✓	?
-A- Jacket Potato with Cheese 280g							✓							
-A- Jacket Potato with Tuna Mayo 310g			✓	✓					✓					
-A- Jelly & Fruit 105g														
-A- Macaroni Cheese with Crispy Bacon, Focaccia Bread and Peas - 320.76g					✓ <i>Wheat</i>		✓		✓					✓
-A- Pink Raspberry Flapjack 60g					✓ <i>Oats (Barley*, Wheat*)</i>									
-A- Raspberry Muffin 48g			✓		✓ <i>Wheat</i>									
-A- Roast Chicken, Potatoes, Carrots and Cabbage, Gravy 263.5g													✓	
-A- Roast Gammon, Potatoes, Vegetables , Gravy 254g													✓	
-A- Roast Pork , Roast Potatoes, Seasonal Vegetables, Gravy 254g													✓	



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
-A- Roasted Vegetable Ratatouille, Rice and Sweetcorn													✓	
-A- Salmon Fingers, Chips and Baked Beans 235g				✓	✓ Wheat									
-A- Salmon Fingers, Chips and Peas 205g				✓	✓ Wheat									
-A- Summer Vegetable Terrine, Chips and Peas			✓		✓ Wheat		✓						✓	
-A- Vanilla Iced Sponge 48.75g			✓		✓ Wheat									
-A- Vegetable Nuggets, Chips, Beans 217.5g					✓ Wheat									
-A-Roasted Cauliflower, Chickpea and Butternut Squash Curry with Rice and Naan Bread 282g					✓ Wheat				✓				✓	
CYP - 5 Bean Enchilada, Hash Brown and Peas					✓ Wheat		✓						✓	
CYP - Sweet and Sour Pork with Noodles and Sweetcorn					✓ Wheat								✓	
CYP - Sweet Potato and chick pea Cake, Chips and Beans														



CYP - Sweet Potato and chick pea Cake, Chips and Peas														
Rocket Lolly														
Summer Vegetable Quiche with Roasted New Potatoes and Seasonal Vegetables			✓		✓ <i>Wheat</i>		✓						✓	

May contain
 Does contain

*Allergens in brackets are a May Contain.