Dartmoor **Multi Academy** Trust

...everyone in our Trust.

Lydford Primary



SUMMER MENU Veek one











MONDAY

Crispy Bacon Mac n Cheese with Garlic Focaccia Bread and Peas

5 Bean Chilli with Steamed Rice and Peas

> Cheese, Beans or Tuna

> > **Fruit Platter**

TUESDAY

Hunters Chicken, Handcut Wedges and Salad Sticks

Stuffed Peppers with Handcut Wedges and Salad Sticks

Cheese, Beans or Tuna

Pink Raspberry Flapjack

WEDNESDAY

Roast Gammon with Roast Potatoes, Seasonal Vegetables and Gravy

Homity Pie with Roast Potatoes, Seasonal Vegetables and Gravy

> Cheese, Beans or Tuna

> > Ice Cream

THURSDAY

Beef Tacos with Vegetable Rice and Vegetable sticks

Butternut Squash and Cauliflower Curry with Vegetable Rice and Naan Bread

> Cheese, Beans or Tuna

Iced Sponge





Scan the QR code to view the allergens. Please be aware that allergens are updated regularly, therefore please check allergens before consumption of meals.

FRIDAY

Breaded Fish or Salmon Fingers with Chips and Baked Beans

Sweet Potato and Chickpea Cake with Chips and Baked Beans

> Cheese, Beans or Tuna

Chocolate Cookie

FRESH FRUIT **E YOGHURT SERVED DAILY**



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SUMMER MENU











Mediteranean Ratatoulie with Steamed Rice and Peas

MONDAY

Devonshire Hot Dog

with Pomme Noisettes and Baked

Beans

Cheese, Beans or Tuna

Banana Sticky Toffee

TUESDAY

Beef Lasagne with Root Slaw and **Veg Sticks**

Falafel Wrap with Root Slaw and Veg **Sticks**

Cheese, Beans or Tuna

Eton Mess

WEDNESDAY

Roast Pork with Roast Potatoes, Seasonal Vegetables and Gravy

Cauliflower and **Broccoli Gratin with Roast Potatoes Seasonal Vegetables** and Gravv

> Cheese, Beans or Tuna

> > **Carrot Cake**

THURSDAY

Chicken and Pesto Bake with Garlic **Bread and Sweetcorn**

Margherita Pizza with Handcut **Wedges and Salad**

Cheese, Beans or Tuna

Chocolate Orange Drizzle Cake





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FRESH FRUIT E YOGHURT **SERVED DAILY**



Breaded Fish Fingers with Chips and Peas

Summer Vegetable Terrine with **Chips and Peas**

Cheese, Beans or Tuna

Jelly with Fruit

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SUMMER MENU Week three













5 Bean Enchillda with Hash Browns and Peas

MONDAY

Brunch

Sausage, Bacon, Hashbrown and

Beans

Cheese, Beans

or Tuna

Melon and Orange Wedaes

TUESDAY

Italian Meatballs with Penne Pasta and Peas

Margherita Pizza with Handcut Wedges and Salad

Cheese, Beans or Tuna

Cornflake Cake

WEDNESDAY

Roast Chicken with Roast Potatoes, Seasonal Vegetables and Gravy

Summer Vegetable Quiche with Roasted **New Potatoes and** Seasonal Veaetables

> Cheese, Beans or Tuna

> > Flapplejack

THURSDAY

Sweet and Sour Pork with Noodles and Sweetcorn

> Tomato and Basil Pasta Bake with Sweetcom

Cheese, Beans or Tuna

Summer Fruit Cupcake

Rocket Lolly





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E YOGHURT SERVED DAILY



Battered Chicken Chunks with Chips and Beans

Vegetable Nuggets with Chips and Beans

> Cheese, Beans or Tuna

> > FRESH FRUIT