



## **Year 3 Moorland Hub residential 30<sup>th</sup> June – 1<sup>st</sup> July 2022.**

Adventure Okehampton and Boasley Cross Primary School

### **Itinerary**

#### **Thursday 30<sup>th</sup> June**

- 09.00 - Parents drop children at Adventure Okehampton (Okehampton YHA, behind train station – Station Road EX20 1EW) **Arrive suitably dressed for activities – long sleeved top, trousers, trainers. Long hair to be tied back.**
- Day of adventurous activities provided by Adventure Okehampton (**Packed lunch required, or can be ordered in advance from your school**)
- 15.00 – Children return to Boasley Cross Primary school by Coach
- Erect tents, set up camp etc.
- 17.00 – Evening meal provided by school kitchens. *Tomato Pasta / Pasta Bolognaise, cheese, salad, garlic bread. Apple cake.*
- 18.00 – Evening games – Football, rounders, campfire etc.
- 20.00 – Ready for bed

#### **Friday 1<sup>st</sup> July**

- 07.00 – Wake up
- 07.30 – Breakfast *Choice of cereals, toasts, pastries, yoghurts and fruit juices.*
- Pack up camp
- 09.00 – Children to Adventure Okehampton by Coach
- Day of adventurous activities provided by Adventure Okehampton (**School packed lunch provided** *Cheese, Ham or Tuna Mayo sandwiches, fruit, snack bar*)
- 15.00 – Parents to collect from Adventure Okehampton.



## Kit list

It is important to bring enough clothes for the weather conditions, but don't overpack! We're staying in tents so not a lot of room to store things. Core activities are low ropes, archery, climbing and team building. There are no water sports – towels and swimming costumes are not needed.

- Sleeping bag
- Roll mat
- Old clothes suitable for 2 days of adventurous activity:
  - T-shirts / tops (x2 – 1 to be long sleeved for climbing)
  - Shorts / trousers (x2 – 1 to cover legs for climbing)
  - Hoodie/Jumper for evening or colder weather
  - Underwear (minimum x2)
  - Socks (x3 pairs to avoid wet feet!)
  - Trainers (That you don't mind getting wet/muddy)
  - Trainers (for evening/in school wear in case others are wet/muddy)
  - Pyjamas
  - Light raincoat
  - Sun hat
- A bin bag for wet/dirty clothes
- Drinks bottle (re-fillable)
- Toothbrush + Toothpaste
- Hairbrush and hairbands
- Sun cream
- A book or card game for the evening (**No electronic devices.**)
- Lunch for Thursday
- A cuddly toy or similar (**No electronic games/toys/devices**)

Please ensure all belongings are named.

## Provided by Moorland Hub (no need to bring):

- Tents
- Catering of evening meal, breakfast and Friday lunch. Hot chocolate / marshmallows for camp fire
- Cutlery and crockery
- Basic facilities at school including hand washing/soap etc.
- All first aid
- Photography on school devices (photos will be shared)



## **Medicines**

**Please note:** If your child requires administration of medicines these must be prescribed by a medical professional. Parents/carers must complete the relevant permission forms at their own school and sign medicines over to staff. This includes inhalers.

**Non-prescription medicines** such as antihistamine or travel sickness tablets may be administered with **written permission from the parent/carer** as staff will be acting in loco-parentis.

In the event of a child becoming unwell during the residential – parental permissions for treatment will always be sought.

