



Year 4/5 Great Potheridge house

Itinerary

20th – 22nd June. Bridestowe, Lydford, Highampton	22nd – 24th June. Exbourne, Boasley Cross, Northlew
<p>20th June 09.15 - Bus departs Bridestowe Primary school (For Bridestowe and Lydford children) 09.35 – Bus collects from Hatherleigh bus stop (behind Co-op) (For Highampton children) 10.00 – Arrive at Great Potheridge House, settle in and unpack 11.00 – Team games 12.00 – Lunch (Own packed lunch) 12.30 – 17.00 activities (Climbing wall, Orienteering, Low Ropes, Crate Stack) 17.30 – Evening meal 18.00 – Evening activity (Quiz)</p> <p>21st June 08.00 – Breakfast 09.30 – 16.30 Lake day at Meeth Quarry (Canoeing, Raft building, Kayaking) 17.30 – Evening meal 18.00 – Evening activity (Egg drop)</p> <p>22nd June 08.00 – Breakfast 09.15 – Clear rooms/Pack 10.00 – Activities (Climbing wall, Orienteering, Low Ropes, Crate Stack) 11.30 – Lunch/depart 12.30 – Bus leaves to Bridestowe 12.45 – Drop off at Hatherleigh bus stop (Highampton children)</p>	<p>22nd June 09.45 – Children to arrive at Boasley Cross Primary 10.30 - Bus departs Boasley Cross Primary school 11.00 – Arrive at Great Potheridge House, settle in and unpack 12.00 – Lunch (Own packed lunch) 12.30 – Team games 14.00 – 17.00 activities (Climbing wall, Orienteering, Low Ropes, Crate Stack) 17.30 – Evening meal 18.00 – Evening activity (Quiz)</p> <p>23rd June 08.00 – Breakfast 09.30 – 16.30 Lake day at Meeth Quarry (Canoeing, Raft building, Kayaking) 17.30 – Evening meal 18.00 – Evening activity (Egg drop)</p> <p>24th June 08.00 – Breakfast 09.00 – Clear rooms/Pack 09.30 – 12.30 – Activities (Climbing wall, Orienteering, Low Ropes, Crate Stack) 12.30 – Lunch 14.00 – Bus departs for Boasley Cross Primary School 14.30 – Parents collect from Boasley Cross Primary School</p>



Kit list

- Clothes
 - Waterproof Jacket and trousers
 - 3 changes of outdoor clothes – not jeans, bring old ones!
 - Long sleeved shirts/tops
 - T-shirts
 - Trousers
 - Socks and underwear
 - Shorts
 - Swimming costume
 - Pyjamas
 - Sun hat
 - Warm hoodies/fleeces
 - At least 2 pairs of trainers (old ones which can be used for watersports – NOT WETSUIT boots/beach shoes or Crocs)
- Towel
- Drinks/water bottle (refillable)
- 2 poly bin liners for wet clothes
- Wash bag
- Night clothes
- Backpack
- Sun cream
- A book or card game for the evening (**No electronic devices.**)
- Lunch for day one of your visit (Monday or Wednesday)
- A cuddly toy or similar (**No electronic games/toys/devices**)
- Hairbrush and hair bands

Please ensure all items are named

Medicines

Please note: If your child requires administration of medicines these must be prescribed by a medical professional. Parents/carers must complete the relevant permission forms at their own school and sign medicines over to staff. This includes inhalers.

Non-prescription medicines such as antihistamine or travel sickness tablets may be administered with **written permission from the parent/carers** as staff will be acting in loco-parentis.

In the event of a child becoming unwell during the residential – parental permissions for treatment will always be sought.