

Dartmoor Multi Academy Trust

...everyone in our Trust.



Lydford Primary School – Nurture, Inspire, Achieve

Date 17th November 2023



It was a pleasure to join Lydford and all five Moorland Hub schools at Castle Drogo last Thursday. Apart from the brilliant behaviour, a trophy and gold medals for the Bridestowe Girls, Silver medal for the Milton Abbot boys and everyone having a great time, most pleasing was seeing the children interact with one another, play games and make new friends. The next few weeks are very busy with events and activities coming up that will provide opportunities for collaboration with our Moorland Hub friends and flourish in our own talents in school. Not least our Hub-wide trip to the pantomime which we are extremely grateful to FoLS for funding the coach.

I hope to see many of you at our school events coming up and you get to engage with our wonderful children and wider school.

Mr Hill

It has been another busy week at Lydford, all the children have worked very hard this week. We have been busy making Christmas cake, practicing our Christmas play– please can you remind your children to practice their lines we only have a little over 3 weeks to go!

To support Children in Need this year we offered a biscuit tuck shop for the children at play time – they all thoroughly enjoyed them and raised £39 of such a good cause.

Finally, thank you to all those that attended the FOLS Annual General Meeting, it was good to see such a supportive group of parents.

We are looking forward to another busy week next week.

I hope you all have a lovely weekend.

Mrs Brendon

Stars of the week

The children who have shown the strength of each of our values - **Nurture, Inspire, Achieve**, are-

This week our awards went to:

Nurture -Jesse for working hard to nurture his writing stamina in his story.

Inspire -Aria for being inspiring in the effort she is putting into her maths learning.

Achieve - Matilda for working hard in her maths learning then using her new knowledge of patterns in her play



Last week's awards:

Nurture- Huxley - For looking after his friends.

Inspire – Emily K - for showing confidence in her writing and answering questions.

Achieve - Wren - for brilliant attitude to learning, especially in his English writing and independence in Geography.

Stay and Play

Our next stay and play session is on Tuesday 2th November. We look forward to welcoming children 0-4years with their parents/carers.

Christmas Lunch

Christmas Lunch will be on Thursday 14th December. The menu for the last week of term has been added to School Gateway so that you can book as usual. Please choose from the main and pudding options by Thursday 7th December so that the kitchen can ensure that they have what they need.

Times Tables Rock Stars

We hope all children are accessing and enjoying Times Table Rockstars. If you feel you need a bit more guidance on this, please follow this link <https://trockstars.com/parents/> which is a guide for parent/carers and has lots of information.

DiAS free sessions for parents and carers

DiAS (Devon Information Advice and Support) provides information, advice and support about special educational needs and disability (SEND). We support parents, carers and young people with SEND. The service is free, confidential and impartial.

DiAS has three sessions available this term – each one lasts an hour, plus 30 minutes afterwards for questions and discussion. All are via Teams online.

Listening to your child's views

10 – 11.30am, Tuesday 21 November 2023

Demystifying SEND

10 – 11.30am, Tuesday 28 November 2023

Education Health and Care (EHC) plan reviews

1pm – 2.30pm, Monday 4 December 2023

Time to Talk

As part of our school focus on getting children talking and improving their Oracy, we have a topical, weekly question and picture for you to discuss as a family: -



With the clocks having recently been changed and a lot of wet, stormy weather recently, keeping ourselves safe while out and about has become even more important with less daylight hours.

How can you help to keep yourself safe during the darker, winter days?



EYFS Making Playdough



Year 1 Enjoying Maths



Measuring and mixing - making Christmas cakes.





Forest School and Wreath Making





Breakfast Club



Cheerleading Club



Diary Dates

November

Thursday 23rd	FoLS Call My Bluff Evening 7pm Nichols Hall
---------------	---

Monday 27th	Flu Vaccinations
-------------	------------------

December

Friday 1st	Carols at Castle Drogo - Year 2 and Class 2
------------	---

Friday 8th	Christmas Jumper Day
------------	----------------------

Friday 8th	Book Look and Homework Share 3pm
------------	----------------------------------

Tuesday 12th	Christmas Performance at the Nicholls Hall 6pm
--------------	--

Wednesday 13th	Pantomime Trip
----------------	----------------

Thursday 14th	Christmas Lunch (please book via School Gateway)
---------------	--

Friday 15th	Last Day of Term
-------------	------------------

January

Wednesday 3 rd	Return to School
---------------------------	------------------



Dartmoor
Multi Academy
Trust
...everyone in our Trust.



Lydford Primary

Stay and Play

Tuesday 28th November 2023

2-3.20pm

Parents and carers along with their children birth – 4years are welcome to come and join the class one teacher and children in our friendly welcoming environment for fun activities and story time.

This is a great opportunity to meet other parents and their little ones whilst also seeing what Lydford has to offer.



If you have any queries, please email mbrendon@lydfordprimary.org.uk

Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.



DMAT Careers and Employment Fair

In partnership
with

Are you eager to explore exciting career opportunities?
Are you a parent looking to support your child's
pathways? Join us at this years Careers and
Employment Fair.

Date: December 6th, 2023
 Time: 4:00 PM - 7:00 PM
 Location: Ashbury Hotel,
Okehampton, EX20 4NL



What to Expect:

- Explore Diverse Career Paths
- Interactive Skills Workshops
- Meet Local Employers
- College and University Representatives

This event is **FREE** and
open to students, parents
and all ages of the local
community!

For more information, please
contact us at
careersfair@dmatschools.org.uk

The Manor
&
Ashbury
Resorts
Spa | Sport | Craft | Golf

FoLS



BEARNES
&
HAMPTON
LITTLEWOOD

WAITROSE
& PARTNERS

Call My Bluff Evening - 23rd November in Lydford Village Hall 19.00 for 19.30

- An evening of laughter, bluffing and double bluff in aid of Friends of Lydford School – FoLS. Call My Bluff evening kindly hosted by Bearnes Hampton & Littlewood Auctioneers and Valuers of Exeter. Come along and see how good you are at valuing antiques or fakes.
- Tickets £7 in advance or £8 on the night – children are free. Entry includes a plate of cheese and biscuits. Alcoholic and soft beverages available to purchase during the evening.
- Tickets from the Toy Shop in the Red Lion Yard Okehampton or call Jade on 07854 206 400.
- Everyone welcome. We look forward to seeing you for a fun evening of bluffing!

Event kindly hosted by Bearnes Hampton & Littlewood

Cheese kindly donated by Waitrose, Okehampton

Tickets are also available from the School Office and The Castle Inn

Community News and Information



the
national
sleep
helpline

Does your child suffer with sleep issues?

Do you struggle with your child's bedtime?

Will your child not sleep in their own bed?

WE CAN HELP

03303 530 541

Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am



50%

Around 50% of children will have a sleep issue at some point*

WHAT IS THE NATIONAL SLEEP HELPLINE?

In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

HOW CAN THE NATIONAL SLEEP HELPLINE HELP YOU?

- Run by a team of specialist trained sleep advisors
- Offer you some practical strategies and recommend services that could help
- Ensuring you understand how sleep plays an important part in your child's mental health and wellbeing
- Listen without judgement and help you decide what next steps are right for you
- Empower you with sleep knowledge so you can understand why your child might not be sleeping well and how that can change

03303 530 541

Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am

POWERED BY the **sleep** charity

IN PARTNERSHIP WITH Furniture **Village**

Copyright © 2023 The Sleep Charity. All rights reserved. The Sleep Charity, a charitable incorporated organisation registered with the Charity Commission under registration number 1150585.
*Survey of 2,000 adults by OnePoll, Aug 2021.



IMMERSION

IN THE COMMUNITY CIC

Free fundamental maths courses using virtual reality!

Come along to our sessions and learn a wide range of different maths skills from multiplying all the way to measurements!

This is a great way to gain skills to get yourself back into the work place, learn different techniques to help children with homework or just to develop your mathematical ability

Courses for those 19+

Sessions

Mondays 9:15 - 12:00 @ Immersion Virtual Reality Arcade, Okehampton

Wednesday 9:15 - 12:00 @ Immersion Virtual Reality Arcade, Okehampton

Wednesday 19:00 - 21:30 @ Immersion Virtual Reality Arcade, Okehampton

For more information email us at immersioninthecommunity@gmail.com

SKILLS FOR LIFE

Multiply



Bingo Night

JOIN US FOR A NIGHT OF BINGO AS WE RAISE FUNDS FOR BOTH YOUTH & LADIES CRICKET AT BCC. THERE WILL ALSO BE A BAR & RAFFLE RUNNING THROUGHOUT THE EVENING ACCEPTING BOTH CASH & CARD PAYMENTS.

DEC 8TH, 2023

DOORS OPEN 7PM - EYES DOWN 8PM

BRIDESTOWE VILLAGE HALL

 Bridestowe Cricket Club



CHRISTMAS
at
DAIRYLAND
Entry 10-6
(10 - 4 on Christmas Eve)

Breakfast with Santa
@ Farmhouse Kitchen 9 - 10
See our website to book

Book Here



2nd, 3rd, 9th, 10th, 16th-24th* DECEMBER

**Santa's Grotto
Elves Workshop
Singing Reindeer
Christmas Trail
Festive Lights
And Much More**

Festive fun on the farm since 1976



treetops

THE GREAT ELF HUNT

Father Christmas has lost all 20 of his cheeky elves somewhere in the wonderful village of Bridestowe.

CAN YOU HELP US FIND THEM?

Email
treetopscildcare@btconnect.com for your answer sheet. You have from the 1st December -11 th December

£2.00 to enter

For ages 2-10 years
For older children taking part you will find a word under each elf to unscramble

Once you think you have found all of the elves then hand your sheet into Treetops to receive your prize



**Fortescue's Adventures at The Garden House
Fortescue Saves Christmas**
written by Salema Cornick
Illustrated by Maria Outram

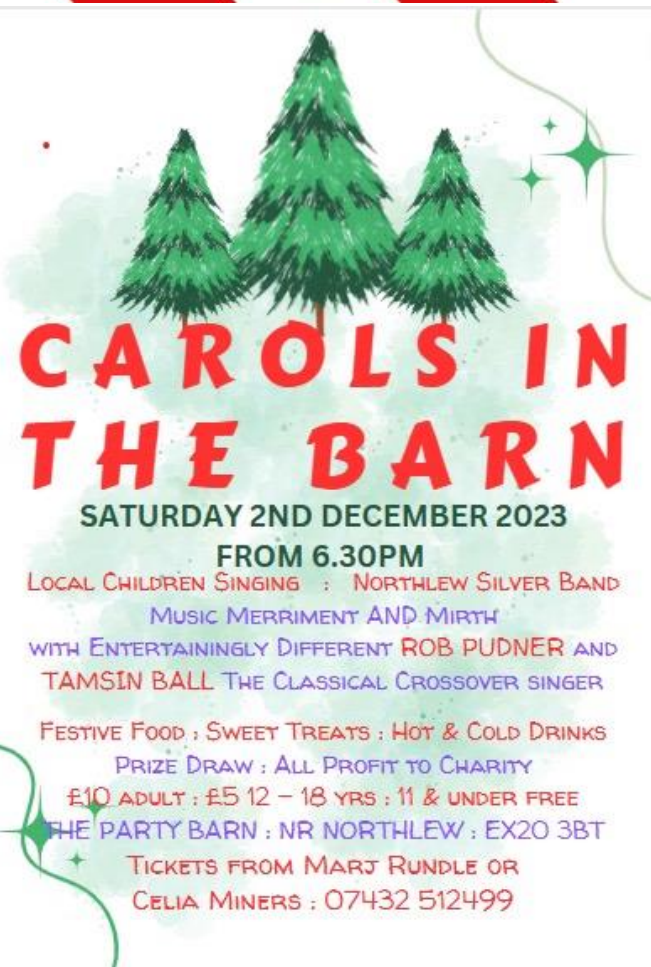
CHRISTMAS Activity Book

Christmas Puzzle Book

Come to The Garden House on Saturday 2nd December and let your little ones unleash their creativity with some festive crafts! But that's not all! Once the craft session is over, a special guest will treat your child to a reading of our brand new Christmas story, featuring the lovable Fortescue the Bear. And more than that, your child will receive a limited first edition signed copy of the book, along with an exciting activity pack to continue the fun at home.

Entry will be free for one adult and the children booking in to the session.
£15 per child.

Book at www.thegardenhouse.org.uk/event-type/events/



CAROLS IN THE BARN

SATURDAY 2ND DECEMBER 2023
FROM 6.30PM

LOCAL CHILDREN SINGING : NORTHLEW SILVER BAND
MUSIC MERRIMENT AND MIRTH
WITH ENTERTAININGLY DIFFERENT ROB PUDNER AND
TAMSI BALL THE CLASSICAL CROSSOVER SINGER

FESTIVE FOOD : SWEET TREATS : HOT & COLD DRINKS
PRIZE DRAW : ALL PROFIT TO CHARITY
£10 ADULT : £5 12 - 18 YRS : 11 & UNDER FREE
THE PARTY BARN : NR NORTHLEW : EX20 3BT
TICKETS FROM MARJ RUNDLE OR
CELIA MINERS : 07432 512499

Dogberry & Finch Books
presents

**A Christmas Book Signing
with**

Sir Michael Morpurgo

Saturday 16th December
3pm - 4pm

Fairplace United Church
3 Fairplace Terrace,
Okehampton EX20 1DT



More Info:

www.dogberryandfinch.co.uk



Struggling to top up your prepayment meter?

You might be able to claim fuel vouchers

If you have prepayment meters and can't afford to top them up, we can help. We may be able to give you fuel vouchers, and our specialist energy team can help you find ways to save money on your household bills

Call 01237 879233, email fuelvouchers@ruraldevoncab.org.uk
or scan the QR code to request a call back



**citizens
advice**

**Torridge, North,
Mid & West Devon**



Registered charity number: 1068496

What Parents & Carers Need to Know about — SHARING PHOTOS ONLINE

WHAT ARE THE RISKS?

School is often a time chock-full of milestones for your child, and you may well be eager to share their accomplishments with the world. In today's digital age, sharing images of such precious moments on social media is commonplace, and – while that's a lovely thing to do – it does come with some risks attached. Our guide can help parents and carers to consider the potential dangers and make informed choices about safely sharing photos of their children online.

INVASIONS OF PRIVACY

Even with the right settings in place, absolutely nothing online is 100% private. Anyone who can view your photos could take screenshots and potentially share them elsewhere. Privacy settings are still important, though, so it's always wise to ensure your social media accounts have them set up; just bear in mind that you can't completely control what happens to anything once it's gone online.

REVEALING PERSONAL DETAILS

Small details in photos can often reveal personal information. Backgrounds can give clues to where you live, for example, while school logos on uniforms, sports kits, or bags could help someone identify which school your child attends. With interactive maps and reverse image searches commonplace online, information like this could easily be misused by an individual with malicious intentions.

MISUSE OF IMAGES

Once something's been shared online, it's almost impossible to get it deleted. Photos can show up in search engine results and be downloaded, manipulated, and shared without consent. There's the potential for someone's images to be used for advertising purposes (which in many cases, isn't illegal) or even more inappropriate reasons, such as cyber-bullying or serious forms of exploitation.

ONLINE GROOMING

Pictures that convey details about your child's interests, activities, or daily routines could arm an online predator with the kind of information they can deploy to gain a child's trust. They might use this knowledge to pretend to be the same age as the child or to have a shared hobby. Essentially, the more a predator knows about a young person, the easier it is for them to invent some 'common ground'.

PRESSURE TO PLEASE

When their parents or carers share notable moments and accomplishments in a child's life on social media, some children may begin to feel an expectation to *always* meet certain standards, to achieve things, or to behave in ways that are "worth sharing". Knowing that other people (even friends and family) can see these posts on social media might also add to the pressure they're feeling internally.

IMPACT ON DIGITAL FOOTPRINT

Every photo of a child posted online contributes to their digital footprint. Young people's lives have never been so closely and publicly documented as they are now, and this permanent online presence could affect a child's future opportunities or the choices they make as they grow up – in addition to influencing how they see themselves and, consequently, their emotional wellbeing.

Advice for Parents & Carers

REVIEW SETTINGS REGULARLY

Make sure your social media's secure in terms of who can view your content or see your location (only family and trusted friends, for example). Privacy settings aren't totally foolproof, but they *do* make it tougher for strangers to access your pics. Reviewing your settings regularly is also a good starting point for conversations with your child about managing their own social accounts when they're older.

CHECK YOUR PHOTOS

Photos of your child shouldn't provide any clues to where they live or go to school: even a house number, street name, or car number plate could be a giveaway. Cover up or blur out school logos, too. If you *really* want to share a particular pic, you could post a watermarked or low-res version, which can help to discourage misuse as those images are less appealing to download or reproduce.

CONSIDER OTHER CHILDREN

When taking a group photo, make sure you get parents' or carers' permission to share it on social media. There may be an important safeguarding reason for them not wanting their child's photo posted publicly online, or it might simply not tally with their personal beliefs or cultural background. A quick conversation in advance, just to make sure, is usually hugely appreciated.

THINK AHEAD

Try to consider the longer-term implications of what you post. Would you be happy with that photo being online in 10 years' time? Would your child still be OK with the image when they're older? Once your child is mature enough, you could ask for their consent before posting: it respects their privacy, fosters trust and understanding, and helps them to start thinking about their own online life.

Meet Our Expert

Gabriella Russo is a safeguarding consultant with more than 30 years' experience working with children, families, and adults in education, local authority, and mental health settings, both in the UK and internationally. She has developed online safety training for local authorities and foster care agencies across Britain and is the online safety expert for FosterWiki.



National Online Safety
®

#WakeUpWednesday



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 30.08.2023